

No. DFB/1916/2023-G3

“SURAKSHA BHAVAN”

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Sub : Department of Factories & Boilers, Kerala – Guidelines for First Aid Training Programme - reg

The department of Factories & Boilers, Kerala issues following guidelines for the Syllabus and duration of First Aid Training of Industrial Workers under Section 45(3) & 111-A(ii) of Factories Act, 1948.

Syllabus for First Aid Training of Industrial Workers:-

1. Introduction to Factories Act, 1948 and Kerala Factories Rules, 1957 (Provisions relating to First Aid Appliances, Ambulance room, Medical Examination, Accident Reporting, familiarization of components of first aid box as per Kerala Factory Rules).

2. Introduction to First Aid; Basic Principles of First Aid

3. Emergency Scene Management; Action on emergency

4. Dressing & Bandages

5. Fracture & immobilization of fracture

6. Management of medical shock

7. Wounds – Types & management

8. Introduction to Cardiovascular system & CPR

9. Introduction to respiratory system; methods of removing airway obstruction, asphyxia, poisoning etc.,

10. Head & Spinal injury; Management of spinal injury

11. Burns & Scalds,

12. Electrocutation,

13. Effect of heat & cold and management,

14. Handling & transport of the injured person

15. Drowning, Bites & Stings, poisoning, convulsion & epilepsy

Duration of Training Course – 3 Days

Director of Factories & Boilers, Kerala

Copy to : 1.

2. All First Aid Training Institutes in Kerala-
(through Joint Directors of Factories & Boilers)

3. All Joint Directors of Factories & Boilers

4. All Inspectors of Factories & Boilers

5. All Medical Officers of Factories & Boilers